



# Pepper Your Life with Dreams : The Little Book on Life Coaching and Inspiration

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This book represents a mere part of the limitless and deeper meaning of personal development through the process of life coaching, and the book gives you the opportunity to self-coach your everyday life into a lifestyle by design. Let the words elegantly inspire you towards your goals and with gentle focus practice the Craft of Life Coaching for yourself. PaTrisha-Anne has coached thousands of students to deploy the Craft of Life Coaching for themselves and enjoy personal success.

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